



**BULLYING PREVENTION
NEW ZEALAND**

BULLYING

**IS A
PROBLEM
IN NZ
SCHOOLS**

**KiVa is an evidence-
based bullying prevention
programme.**

**Schools and kura across
Aotearoa successfully use
KiVa to address bullying
behaviour.**



What makes KiVa different?



Based on decades of global research



Trialled, evaluated and proven effective in creating positive outcomes for students



Specific focus on bullying behaviour



Supports the New Zealand Health and PE curriculum



Focuses on the role of bystanders



Schools gather on-going comparative data to track progress

KiVa is a whole school approach that has three main aspects:



1.

Prevention

a series of lessons for teaching students about bullying, and providing strategies to support social and emotional wellbeing

2.

Intervention

a clear and effective process for identifying and following up with cases of bullying behaviour



3.

Monitoring

KiVa supports schools to track incidents of bullying and annual surveys help schools monitor their progress



Further information about KiVa...

Where is KiVa being used?

KiVa is currently in over 50 schools throughout New Zealand including across a wide range of deciles and in rural, urban, special character and kura environments.

Will KiVa work alongside our behaviour management plan?

Many KiVa schools have behaviour management plans in place. KiVa complements existing behaviour management strategies by separating bullying from bad behaviour. Bullying is often hidden whilst bad behaviour is often visible. Teachers have described KiVa as “the missing piece” in their school’s behaviour management system.

How much does KiVa add to teachers’ workloads?

Lessons are richly resourced with a range of engaging games, activities and support materials for teaching staff. These resources can be effectively integrated into classroom plans with discussion topics, mindfulness exercises, health and wellness links, and creative writing and reading activities to complement the KiVa lesson plan. Teachers need to prepare for the lesson delivery, as they do for any classroom lessons.

Who attends the staff training?

All teachers, classroom assistants and school staff are encouraged to attend the training as bullying behaviour presents itself in all areas of school life. It is beneficial for the whole school community to understand the KiVa programme philosophy and process.

Does KiVa meet the needs of Māori and Pasifika students?

Yes, KiVa is a whole-school approach. It focuses on teaching respect and acceptance of all students, their culture and identity, and encompasses community development as a holistic approach to tackling bullying behaviours.



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“Life-changing” is the way that one Year 8 student described KiVa recently. A big, confident boy, he had been bullying other students without being aware of the impact of his own actions. For him, going through the KiVa process and having to face up to the fact that some of his behaviours amounted to bullying, was a significant leap in his social awareness and helped him become more sensitive and socially aware of his peers. For this he was deeply appreciative. KiVa is about improved outcomes for all students.

Deputy Principal

of a KiVa school

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When we implemented the KiVa method of dealing with bullying, life at school got so much easier! Staff struggled with many of our students and parents misusing the terms around bullying. Trying to sort out these incidents was frustrating, time consuming and often difficult to ‘get to the bottom of’.

Teacher

of a KiVa school



Get in touch

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your school, contact us at:

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